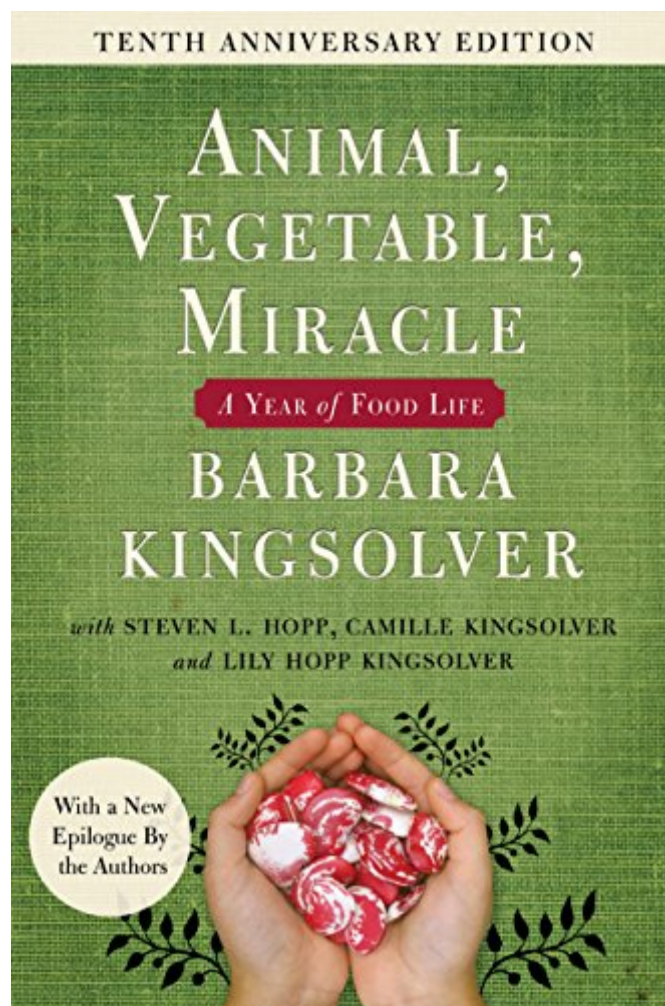




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Animal, Vegetable, Miracle - 10th Anniversary Edition: A Year Of Food Life



Synopsis

A beautiful deluxe trade paperback edition celebrating the 10th anniversary of Barbara Kingsolver's New York Times bestseller, which describes her family's adventure as they move to a farm in southern Appalachia and realign their lives with the local food chain. Since its publication in 2007, *Animal, Vegetable, Miracle* has captivated readers with its blend of memoir and journalistic investigation. Newly updated with original pieces from the entire Kingsolver clan, this commemorative volume explores how the family's original project has been carried forward through the years. When Barbara Kingsolver and her family moved from suburban Arizona to rural Appalachia, they took on a new challenge: to spend a year on a locally-produced diet, paying close attention to the provenance of all they consume. Concerned about the environmental, social, and physical costs of American food culture, they hoped to recover what Barbara considers our nation's lost appreciation for farms and the natural processes of food production. Since 2007, their scheme has evolved enormously. In this new edition, featuring an afterword composed by the entire Kingsolver family, Barbara's husband, Steven, discusses how the project grew into a farm-to-table restaurant and community development project training young farmers in their area to move into sustainable food production. Camille writes about her decision to move back to a rural area after college, and how she and her husband incorporate their food values in their lives as they begin their new family. Lily, Barbara's youngest daughter, writes about how growing up on a farm, in touch with natural processes and food chains, has shaped her life as a future environmental scientist. And Barbara writes about their sheep, and how they grew into her second vocation as a fiber artist, and reports on the enormous response they've received from other home-growers and local-food devotees. With Americans' ever-growing concern over an agricultural establishment that negatively affects our health and environment, the Kingsolver family's experiences and observations remain just as relevant today as they were ten years ago. *Animal, Vegetable, Miracle* is a modern classic that will endure for years to come. —"Cogent and illuminating...Without sentimentality, this book captures the pulse of the farm and the deep gratification it provides, as well as the intrinsic humor of the situation." —Janet Maslin, New York Times

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Customer Reviews

Best ever!

Good info infused throughout story but at times a little too technical

I do not generally review books but this book is life changing. I have read it more than once and each time I love it more and more.Kingsolver makes me want to be a better homemaker, cook, consumer, mother and person. She inspires us to really think about our food and our lifestyle. It has been a while since I read this...I think I need to read it again. Also..a completely different type of book, but Kingsolver's The Poisonwood Bible is phenomenal.

Kingsolver as storyteller shines in sections about their lives on the farm. Those are interspersed with a ton of dryer information sections, but those are short, and interesting! You quickly realize this is not a gimmick but the end of a life-long journey. And who will ever forget Lilly and her chickens or the Red Bourbon turkey hen named Lolita!

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